## Newsletter

# NEUEYT

NEUEYT is an ERASMUS+ funded KA3 action aiming to develop a framework of initiatives that promote active democracy participation of young people 16-20

Visit our site: https://e-participationyouth.eu















## What happened in Greece

It has been a very busy period for the site of Trikala. All three initiatives were finalized.

### About the Youth Council:

On November 2022, a poll took place and 45 tactical members were elected along with 22 supplementary ones The tactical members conducted their first elections and voted for President, Vice president and General Secretary. They also decided to create 3 committees

- Committee on Sports, Culture & Education
- Committee on Environment & Sustainability

• Committee on Social Matters The members meet on a monthly base to suggest and implement several initiatives that are also presented to Municipality representatives.

They also have their own social media and radio station

About Voice Up: Trikala used this fun activity to introduce to the local community the NEUEYT project and the importance of youth democratic participation.

2 co-creation workshops took place with the youngsters to get to know Voice Up and brainstorm on concepts and ideas to implement. All the material created was disseminated during other events such as youth council meetings and stakeholder's activities About 6 steps: This Initiative was implemented in collaboration with the Youth Council. Members of the Youth council participated to the first on line transnational meeting and conducted the second local workshop.

During this meeting the 6 steps methodology was presented to the youth council and the intervention plan template was explained and used by the members to start planning their first activities. It has also been decided that the 6 steps methodology and tools will be used by the Youth Council in all future interventions

3 stakeholders meetings took place in the city of Trikala. All the stakeholders were able to learn more about the outcomes of NEUYET and discuss with youngsters about the importance of democratic participation

### Mobilities

On February 2023 Trikala hosted the first mobility event. Young people and stakeholders from Italy and Cyprus were selected with an aim to discuss on topics such as youth participation in democratic processes, the outcomes and achievements of the NEUEYT initiatives implemented by e-Trikala and participant experience behind it.

To learn more for each activity you can visit our blog &news section in our site https://e-participationyouth.eu/blognews/



## What happened in Norway

Our partners in Norway also focused in finalizing their activities:

About Voice Up: The youngsters presented their videos to the city council of Lillesand Municipality. The five short films they had produced showed a variety of subjects.

The politicians were enthusiastic about this way of presenting subjects that are important to youth. Several of the youngsters concrete suggestions were noted, and the politicians promised to follow up these suggestions. Also, the youngsters and politicians had a fruitful debate on how they can engage young people more. The mayor expressed his intention to follow up by going to the schools to communicate more directly with the young people in Lillesand municipality.

About Pinpointed: The meeting began by an informal warm-up activity consisting of "this or that icebreaker dilemmas". Thereafter the groups presented their topics:

- Compulsory psychology appointment during school hours
- Absence limit for upper secondary schools
- Construction work and delayed completion
- Eating during lecture
- Increasing youth participation within the local environment

The topics sparked proper and honest discussions and obtained interesting insights from the perspectives of both the youth and the politicians.









# What happened in Italy

In Italy Foris Association and Glocal Factory focused on implementing their initiatives:

About Pinpointed: A Pinpointed event was organized to present to international and local stakeholders the "Critical Notes" developed by young people on international mobility as a tool to combat Euroscepticism and promote internationalization of local educational institutions.

About We and US: A final event was held of the We&Us Panel initiative, where Italian and Macedonian youth presented the final report of the survey to stakeholders from these countries!

The second stakeholder table meeting organized by Foris took place. It was attended by eight stakeholders who are actively involved in the field of education and training. The meeting was also attended by international stakeholders who shared their experiences and discussed the NEUEYT project's objectives in countries where it has not been disseminated.

Mariaelena Romanini presented the eight initiatives and the scope of the NEUEYT project in detail







### What happened in Cyprus

About the 6 steps: The Six steps initiative is nearly over in Cyprus! A total number of 21 young people have developed their intervention plans and have engaged multiple stakeholders to implement them.

One of the plans focused on engaging with the topics of stress management that affect a considerable number of teenagers and young adults. As it was described in the particular intervention plan:

"Our mission is to help bring change to the school's educational environment, in order to reduce the impacts of mental health issues faced by students, particularly when it comes to stress. Nowadays, more and more cases of mental health issues can be seen amongst youth. These include anxiety and depression; however, they all have a core factor that influences them- stress. The educational exam centric system in Cyprus and other countries increase the level of stress in many students resulting in causing the worst in students in terms of their mental health, therefore, it is important to raise awareness about this topic and to actively participate in creating a safe, comfortable and positive environment, where students can express themselves and feel socially included, without the fear of feeling judged."

One of the activities of this intervention plan was to invite peers and engage in active workshops to release stress and discuss any issues they have. This experiential workshop took place on the 6th of February with great success!

About the silent debate: The final debate event in the framework of the Silent Debate initiative was successfully concluded. Students and teachers having worked on a number of workshops on the methodology of the silent debate, chose their selected topics and engaged in an active, participatory debate around the active participation of young people in democratic life in order to improve the civic engagement in their communities and their schools. An interesting debate took place during which young people presented their pitch in an articulated and well-informed manner. It was highlighted that youth should engage more in democratic life, but they need incentives from the top-tiers, such as policymakers, stakeholders, community and school leaders, etc.

On the 20th of February, HUB NICOSIA facilitated the first stakeholder table in the framework of the NEUEYT project. The aim of the stakeholder table was to introduce the project to various stakeholders in order to build bridges between the activities developed in the project and policymaking.

During the meeting the stakeholders had the opportunity to become more familiar with the 8 initiatives and the different approaches that the partners followed during their implementation process. An extensive discussion followed that was relevant to how the concomitant implementation of the initiatives by at least 3 partners allows them to test the initiatives' adaptability.









### What happened in France

PistesSolidaires has joined forces with European partners (Italy, Norway, North Macedonia and Cyprus and Greece) to promote active citizenship among young people within the framework of the project called NEUEYT

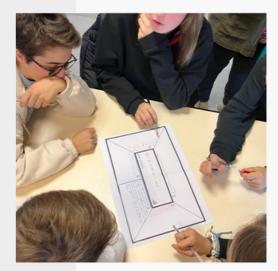
About the 6 steps: PistesSolidaires proposed to the Maison Familial et Rurale of Mont, a rural village, to implement "the 6 steps for participation in civic and democratic processes" with 15 trainees of the secondary school, aged 16-17.

The debates focused on food waste, equality and respect for the environment. This gradual approach to the democratic process gave young people confidence in their ability to express themselves, propose and defend their ideas. The young people felt useful and empowered in their role as citizens. They were listened to by decisionmakers from the MFR of MONT and encouraged in the collective elaboration of solutions for their community.

About Silent Debate: Young people of the MFR of MONT – a school-like institution for young people in school dropout-like situation – and members of the board of directors debated deeply...... but in silence! Strangely enough, everyone had the floor, and their say, on a subject selected by the young people and which particularly affects them. The transition from writing to speaking makes the young people realize quite quickly that they have so many things to say.

The presence of political decision-makers in the debate did not limit the young people in their expression. The ideas of all the participants were respected, as the transition to writing obliges them to take time to reflect and formulate. The young people understood the place they could/should have in the civic debate. Participation is underway!

Partners meeting: On 15 and 16 of November, Pistes Solidaries hosted the 3rd transnational partner meeting in Pau, France. Representatives from all partner organizations attended the meeting Glocal Factory, E-Trikala, Poraka Nova, Foris, Agderand Hub Nicosia. During the day and a half agenda the participants managed to define some important future steps, agree on how some activities should be further developed and catch up about the status of the initiatives implementation in each country, as well about the organization of stakeholder table meetings.





#### SAI – Self advocacy influencers

- 20 online classes from (April-August) each week one online zoom meeting/training session
- 10 participants 5 websites developed

### You can check the blogs that Self Advocacy Influencers created:

https://soknigadouspeh.siterubix.com/ https://inkluzivensport.siterubix.com/ https://kikorevolucija.siterubix.com/ https://patotnaigor.siterubix.com/ https://iskustvotonaace.siterubix.com/











## What happened in North Macedonia

About Silent Debate: On February 2023, 24 youngsters, participated in the Silent Debate event, in order to debate through specific methods on 3 topics.

Here are some important conclusions: - Digitalization is very important in nowadays but young people must know their limits because can easily come from need to addiction. More educational courses for gaining digital skills and privacy policy lectures are vital.

- Education: The education system in our country is on a critical level. Even though we are living in a digital era, schools don't have important digital tools, so the students do their job most of the time at home where they are spending a long time on a computer.

Mental health: it is very closely connected with digitalization, with easy access to everyone, so they are closing up inside the virtual world, where it can be very dangerous too. About SAI: In the Self Advocacy Influencers Initiative all participants, mentors and trainers had an online meeting where the websites created during the course were presented. All participants promoted and disseminated their blog on social media and by mailing to relevant stakeholders, NGO's, public institutions and associations. Two stakeholders meetings conducted.

On 2nd of November in Ohrid with 66 participants (16 stakeholders & 50 young people)

Outcomes: Presentation of NEUEYT project and presentations from the municipality and Agency of Employment about the programs for young people in order to be more participative in the democratic process. On 24 February 2023 in Bitola 24 participants (11 stakeholders & 13 young people)

Outcomes: The communication between young people and the stakeholders is on a low level and both sides need to work on it. They need to make more effort if they want to create/get the right information. To use the right channels for information. To use the "youth dictionary" if they want to be understood and supported.

Mobilities: On 15 and 16 of March, Poraka Nova welcomed participants from Norway and Italy at the Mobility event in Bitola. Policy makers and young people from Macedonia, Norway and Italy discussed youth participation on several levels, shared experiences. and visited the municipality of Bitola, the youth centre, youth organizations and Universities in Bitola.

https://www.facebook.com/neueyt.youth

To learn more for each activity you can visit our blog &news section in our site https://e-participationyouth.eu/blognews/